# UNDER 12 13 COMPATHION CUIDELINES 



FOOTBALL
VICTORA

## Introduction

In 2021 Football Victoria will continue to implement the 9 v 9 format in the Under 12's \& 13's competition. This decision has been made to provide the best learning environment for young players so each individual can realise their full potential.
9-a side in Under 12's \& 13's allows players to be challenged technically as well as physically through multiple repeated actions in smaller areas. It also aims to set realistic expectations that meet the needs of young footballers, rather than senior players. It focuses on the development of a player rather than the result of the match.

The playing format for Under 12's \& 13 's leagues is as follows:

| Numbers | 9 v 9 Including Goalkeeper. Max of 5 substitutes |
| :---: | :---: |
| Field Size | Length: 60 (min) - 70 m (max) Width: 40 (min) - 50m (max) |
| Goal Size and Type | Height: 2 m Width: 5 m <br> Permanent or portable goal must be compliant with the Australian Competition and Consumer Commission's Consumer Notice No. 28 of 2010 |
| Field Marking | Cones, Markers or Painted Lines are allowed |
| Penalty Area | Depth: 10 m Width: 20 m Penalty Spot 7 m from goal line |
| Duration of Game | $2 \times 30$ minute halves |
| Half Time | 5 minutes minimum 10 Minutes maximum |
| Referee | FV Appointed Green Shirt Referees |
| Linesman/AR | Club appointed Assistant Referees |
| Interchange | Maximum 5 Players |
| Ball Size | Size 4 |
| Points Table \& Finals | Yes |
| FIFA Laws Of The Game | Yes |

## Competition Rules

Under 12 \& 13 competition is played under FIFA Laws of the Game with modified rules to assist players in their development and also refine the transition to 11 v 11 football, these include:

Field Markings: All field markings as required for a full-size pitch, including the penalty area, are required for Under 12 \& 13 matches. Field markings can be marked with paint, or flat markers. Painted lines must be a different colour to any existing line markings used for the full-size pitch.


Offside rule: The offside rule will be included in the Under 12 \& 13 competition as it is an integral rule to the game of football. 9 v 9 on the recommended size pitch will help players learn the rule as there is no longer as much space between the halfway line and the opposition goals.

Penalties: In accordance with FIFA LOTG, a penalty kick will be awarded if a player commits a direct free kick offence inside their penalty area.

Goalkeeper: The goalkeeper is allowed to handle the ball anywhere in the penalty area. To restart play after a save or gathering the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet, within 6 seconds. The goalkeeper is not allowed to kick or dropkick the ball from their hands.

Goal kick: Goal kicks can be taken from anywhere within the penalty area. Opponents must be outside the penalty area until the ball is in play. The ball is in play once it is kicked and clearly moves. Players from the defending team may receive the ball inside the penalty area from a goal kick.

Throw ins: Player faces the field of play, has part of each foot on the ground either on or behind the touch line, uses both hands and delivers the ball from behind and over their head. The thrower must not touch the ball again until it has touched another player. The ball is in play once it enters the field of play. A goal cannot be scored directly from a throw in.

Corner kicks: Opponents must be at least 5 metres away from the ball until it is in play. The ball is in play when it is kicked and moves.

Discipline: Red or Yellow cards will be issued to players in Under $12 \& 13$ competitions.

For any fouls that would ordinarily result in a red card, the match official will instruct the player to leave the field of play for the remainder of the match, any player sent from the field of play may be replaced by another player at the time of the offence. In this instance, neither team will be required to play with fewer than 9 players.

For any offense that would ordinarily result in a red card for violent or offensive behavior (i.e. R2 - Violent conduct, R3 - Spitting, R6 uses offensive or insulting or abusive language / gestures) the match official will be required to submit a misconduct report to FV which may result in further disciplinary action for that player.

Team shape (formation): Teams must setup using at least 3 lines for example; GK-3-2-3, GK-4-3-1, GK-3-3-2. This rule is to introduce players to an 11 v 11 like formation and structure thus assisting with the transition to U14s.

Playing style: FV strongly recommends "a proactive brand of football", based on effective possession with the cutting edge provided by creative individuals. Defensively, the key components are quick transition and intelligent collective pressing. The Playing Style is underpinned by a strong 'team mentality', capitalising on "Australia's traditional strengths".

## Zones and Leagues

The Zoning for Under 12 \& 13s Boys will remain as per current application for MiniRoos and Junior Boys, which is: North, South, East and West. Similarly, the Under 12 \& 13 s Girls' leagues will follow the same principle, however due to less critical mass, there may be the need to amalgamate zones as per the current process.

In that regard, the following considerations will apply when creating league structures for the Under 12's \& 13s, much to the same effect as Under 11's:

- Where practical, minimise the over representation of teams from the same Club in any one league
- Distance between Clubs within a league, where appropriate
- League sizes consisting of a minimum of six and maximum of fifteen teams


## Self-Grading

Self-grading will remain as per current practice in Under 12's \& 13 's for Junior Boys' and Girls'. The grading will be as follows:

A / Kangaroos $\rightarrow$ strong grasp of football skills
B \& C / Wallabies $\rightarrow$ beginning to develop their football skills
D,E, F / Joeys $\rightarrow$ little or no previous experience A/ Kangaroos competitions are locked for the whole of the competition season. Regrading will take place at conclusion of Round 4 for wallabies and joeys (under 12s) and B, C, P, E, F (under 13s). Regarding requests must be submitted for FV consideration a regrading request is at the discretion of FV .

## Day of Play

Currently Under 12 \& 13 football is restricted to Sunday only. As a point of difference to the current Under 12's competition, and as per current MiniRoos practice, Clubs will have the opportunity to nominate Saturday or Sunday.

Provided there is sufficient team requests to play on Saturday within a Zone, FV will implement leagues where applicable. For example, particularly in the Southern and Eastern Zones, Saturday Ull's in MiniRoos are prevalent.

The ability to have Saturday leagues provides the opportunity to increase teams at clubs and allocation of pitch space.

Kick off times: Kick off times: The preferred kick off times will be at 10.10am. (Under 12's) \& 11:20am (Under 13's)

## Match Records \& ID Cards

Given there are results and ladders kept, match records are required to be submitted prior to each game. Accordingly, Player ID cards will also be required.

## Match Officials

Where possible, FV will continue to appoint Green Shirt Referees to matches as has been the case in previous seasons. Similar to the concept of the players learning the game through small sided football, FV will also be utilising the format change to help introduce new referees to the game.

Clubs will be asked to arrange a club Assistant Referee as per normal. This breaks down barriers and allows parents to learn the rules of the game in a similar learning environment to the referees and players.

The home club remains responsible for payment of referees, with the referee entitled to a total of $\$ 40$.

## Coaching

Each club's team must have a minimum of one Head Coach.

## Further Information

For any further information including questions in relation to coaching and player development contact FV Coaching Department coaching@footballvictoria.com.au or for any questions relating to competition matters contact FV Competitions Department competitions@footballvictoria.com.au

## Results and Ladders

Results and Ladders will remain in the 9 v 9 format and must be submitted online by the home club 6:00pm on the same day.

