

The Wearing of Jewellery is Prohibited by all Players

In order to avoid any doubt with jewellery make sure you use the following guidelines:

- In compliance with the FIFA Laws of the Game – Law 4 states: *A player must not use equipment or wear anything that is dangerous.*
- All items of jewellery (necklaces, rings, bracelets, earrings, leather bands, rubber bands, etc.) are forbidden and must be removed. Using tape to cover jewellery is not permitted.
- Referees are also prohibited from wearing jewellery (except for a watch or similar device for timing the match).
- In summary all players must remove all items of jewellery prior to entering the Field of Play. This includes anti-discrimination bands, leather necklaces and any other loose wristbands.
- Sweat or headbands may be worn.
- Strapping tape may also be worn.
- Medical Bands may also be worn providing they are suitably worn and not a danger to the player or other players (Strapped appropriately)

What does this mean for referees?

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| Rings | No rings may be worn or taped |
| Earrings | No earrings may be worn or taped |
| Necklaces | All necklaces must be removed. Medical alert necklaces should be removed and passed to the coach. The coach should be aware of the medical condition and respond accordingly. |
| Bracelets | All bracelets [including metal, rope, fabric, leather, plastic, rubber, etc] must be removed. Medical alert bracelets should be removed and passed to the coach. The coach should be aware of the medical condition and respond accordingly. |
| Facial rings | Any kind of jewelry around the eyes must be removed. Jewelry in any other part of the face must be removed. |
| Hair Ties or clips | No player is permitted to wear clips, hair or bobby pins or hair ties that could be dangerous to him / herself or another player. |
| Body Piercing | Piercing not visible to the referee is of no concern. Should the piercing become visible the referee will ensure the item is removed. |
| Tongue Piercing | Rings, studs or bolts through the tongue are discouraged for the players' own safety. Should the referee detect a tongue piercing, the referee will ensure it is removed. |
| Beaded Hair | If a player is wearing hair beads the hair must be tied in a bun or covered by a hair net. Loose beaded hair should not be allowed. |
| Watches | Players [but not match officials] must remove all watches |
| Referees | Referees are reminded that they are prohibited from wearing jewellery (except for a watch or similar device for timing the match). Within the spirit of these guidelines, referees are expected to conform to the standards set for players, with the exception of the need to wear watches. |

Protocol for check players' equipment

- If feasible, all three match officials should do the equipment check together. Senior AR start Left side and Junior AR start Right side.
- Complete the inspection properly, as this will be the first contact that you have with players therefore important to set a good example early.
- If there are no official Assistant Referees then the referee should check all players' equipment in the change room (or as they come out of their changing room, or gather in the race before entering the field of play).
- Never check player's equipment on the field or around the centre circle.
 Note: In the case of junior fixtures, where match officials have consecutive games that provisions for proper checking of equipment be carried out pitch-side (such as next to the Technical Area) in team-groups, prior to kick-off.
- Check for correct equipment such as Jerseys, shorts, stockings, shinguards, undershorts, undershirts and any damaged studs.
 Note: Two important things to remember players must NOT wear jewellery at all and the goalkeeper must wear colours to distinguish him from other players, the referee and the assistant referees.
- If a player's equipment does not conform to law then inform that player that he or she cannot take part in the game until his / her equipment has been adjusted or corrected.